



EXPAND YOUR REACH. HAVE YOUR BUSINESS WORK WHILE YOU SLEEP.

Take your business to the next level by going online - reaching your optimal target audience (worldwide) in meaningful ways.

Now is the perfect time to build a connection with a wider global audience. Your future clients and students have already grown their online proficiency (thanks to the pandemic and the push to go online) and they are eagerly awaiting your genius content!

Fulfill on your dreams (and theirs) by bringing your business online in just a few clicks.

How to Teach Your Program Online

This well rounded curriculum includes:

- The differences between teaching online vs in person
- Creative ways to translate existing programs to online
- The 7 common mistakes when teaching online (and how to avoid them)
- 8 ways to increase participant engagement (and yield better results)
- Why now is the perfect time to go online
- The best platforms to use to host your programs
- How to manage the prep work behind the scenes for a seamless experience

Next training date:
September 6 to 27th -
Tuesday 7pm CT
[virtually]

How to Create Your Online Program

This well rounded curriculum includes:

- Why just putting videos together is not an online course
- The 5 parts of a well built online course
- The 8 common mistakes (and how to avoid them)
- How your course writes your marketing plan for you
- Why now is the perfect time to go online
- The best (learning management system) platforms to use to host your online course
- How to write your lessons so that people actually want to finish the course

Next training date:
October 4 to 25th -
Tuesday 7pm CT
[virtually]

To register, email: Info@IntegrativeLifeWorks.com



Sandra Grace

Amanda Dell'Aquila

With more than 35 years combined of teaching and coaching experience, Sandra Grace and Amanda Dell'Aquila have learned the best secrets to successful Coaching, Speaking and Training. As Certified Consulting Hypnotists, Reiki Master/Teachers, Certified Teachers, and more, they are passionate about training entrepreneurs, like you, to manage your energy as you confidently and powerfully grow your businesses.