



FEELING DRAINED AS AN ENTREPRENEUR? WANT MORE ENERGY? WANT MORE INCOME? OPEN TO MORE ABUNDANCE?

Develop yourself as someone who can call upon this ancient healing technique to energize, ease and balance. You will learn to shift energy in yourself and others.

LEVEL I

Personal Journey

- Heal yourself, perfect for someone who is committed to self care

LEVEL II

Practitioner Status

- Maintaining your own energy while managing the energy of others, learn the sacred Reiki symbols, perfect for those looking to widen their impact

LEVEL III

Reiki Master

- Heal beings at a distance, perfect for someone who is interested in removing all limiting beliefs of your gifts

LEVEL IV

Master Teacher

- Preparing curriculum to teach others, and train to improve 'recovery time' of energy management, perfect for those interested in developing a community of healers

Some highlights of these courses include learning:

- o History of Reiki
- o How the chakras work together
- o Understanding of how energy is processed and flows in the body
- o Clarity on your personal goals and where your energy may be blocked in achieving them
- o An integrative approach to Reiki which includes your physical/structural being and surroundings, your mental/emotional states, and your spiritual compass that guides your value system
- o What an ethical Reiki practitioner looks like and how to be one
- o Experience being guided through a Reiki session
- o Reiki attunement

This course also includes these exclusive bonuses!

- o Learning tips to rebalancing your chakra system
- o Coaching on clarifying an integrative approach to reading energy
- o Guidance on how to incorporate Reiki into your daily life or work

Each level is one month in length.

Next available training date:

Level I - September 7 to 28th, Wednesdays 7PM CENTRAL [virtually]

Level II - October 5 to 26th, Wednesdays 7PM CENTRAL [virtually]

To apply, email:

Info@IntegrativeLifeWorks.com



Sandra Grace

Amanda Dell'Aquila

With more than 35 years combined of teaching and coaching experience, Sandra Grace and Amanda Dell'Aquila have learned the best secrets to successful Coaching, Speaking and Training. As Certified Consulting Hypnotists, Reiki Master/Teachers, Certified Teachers, and more, they are passionate about training entrepreneurs, like you, to manage your energy as you confidently and powerfully grow your businesses.